

play itas

Free your mind



**play
itas**
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yellow circuit. 4,2 km.

orange circuit. 5 km.

green circuit. 6 km.

blue circuit. 9 km

red circuit. 10,2 km

white circuit. 13 km.

black circuit. 21,1 km.

All routes start and end at the bus stop at the roundabout.

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Enjoy your run!

Note:

The distances can perhaps differ with a few meters according to GPS accuracy and depending on your running position on the road.



yellow. 4,2 km.

Experience the neighbourhood and the neighbours of Las Playitas.
Not many hills, approximately half dust track and gravel - and half asphalt.



orange. 5 km.

Experience the neighbourhood and the neighbours of Las Playitas.
Not many hills, approximately half dust track and gravel - and half asphalt.



green. 6 km.

Experience the neighbourhood and the neighbours of Las Playitas.
Not many hills, mostly dust track and gravel - and little asphalt. If you want to include some heavy hill-training you can add 1,2 km to the route with 0,6 km going quite steep uphill.



blue. 9 km

This run takes you to see the beach promenade, gives you a peek to the villas and a run on the “prairie”, all that just before you go to see the neighbours of Las Playitas.
Slightly hilly, mostly dust track and gravel - and little asphalt.



red. 10,2 km

You start passing by the neighbours of Las Playitas and soon hereafter you will probably find yourself in the middle of nowhereand with a spectacular view. Quite hilly, mostly dust track and gravel - and little asphalt. If you want to include some heavy hill-training you can add 1,2 km to the route with 0,6 km going quite steep uphill.



white. 13 km.

To the lighthouse and back... feels almost like running across America.
At first a good constant rise in level, then a bit more plain and the last half kilometre (from the bridge) takes you very uphill in serpentines – but do not miss the top and the very spectacular view. Coming back down to Las Playitas goes fast! All asphalt. If you decide not go to the top, the distance is 12 km to the bridge and back.



black. 21,1 km.

You start running through the neighbourhood of Las Playitas and soon hereafter you will probably find yourself in the middle of nowhereand with a spectacular view. The first part is quite hilly, mostly dust track and gravel. The second half takes you to the lighthouse – all asphalt. The last half kilometre up to the lighthouse is going very uphill in serpentines; coming back down to Las Playitas goes fast!