



Kids Sports Academy Programme



	Mon 26 Dec	Tue 27 Dec	Wed 28 Dec	Thurs 29 Dec	Fri 30 Dec	Sat 31 Dec	Sun 01 Jan
PULPINOS = 6 - 8 years old							
10.00 - 11.00	Football training at MC2	Football training at MC2	Football tournament at MC2	Football training at MC2	Football training at MC2	Football tournament at MC2	Football training at MC2
11.00 - 12.00	Water Polo Meet at Pool at Apart Hotel	Beach Volley ball Meet at volleyball court	Bootcamp for kids at MC2 funny excercises in teams	Water Polo Meet at Pool at Apart Hotel	Beach Volley ball Meet at volleyball court	Orientering Race at beach 1000 meter run with obstacles	Bike Time at Bike Centre learning drills
14.00 - 15.00	TableTennis at Poolbar	///	///	///	///	TableTennis at Poolbar	
14.00 - 15.00	Tennis instruction** Meet at Tennis College	Golf** Meet outside sportsbooking (SB)	Swim instruction** (30 min) Meet at Olympic Pool	Tennis instruction** Meet at Tennis College	Golf** Meet outside sportsbooking (SB)	Swim instruction** (30 min) Meet at Olympic Pool	Swim instruction** (30 min) Meet at Olympic Pool
15.00 - 16.00	Basket/ Netball at MC2	Aquatlon** at Olympic Pool 50mtr swim, 500 mtr run	Hand ball at MC2	Hockey at MC2	Basket/ Netball at MC2	Rounders at MC2	Hand ball at MC2
16.00-17.00				Zumba at MC2			
SHARKS = 9 - 12 years old							
10.00 - 11.00	Water Polo Meet at Pool at Apart Hotel	Beach Volley ball Meet at Volleyball court	Bootcamp for kids at MC2 funny excercises in teams	Water Polo Meet at Pool at Apart Hotel	Beach Volley ball Meet at Volleyball court	Orientering Race at beach 2000 meter run with obstacles	Bike Time at Bike Centre learning drills
11.00 - 12.00	Football training at MC2	Football training at MC2	Football tournament at MC2	Football training at MC2	Football training at MC2	Football tournament at MC2	Football training at MC2
14.00 - 15.00	Rounders at MC 2	Aquatlon at Olympic Pool 100mtr swim, 1000 mtr run	Hand ball at MC2	Hockey at MC2	Basket/ Netball at MC2	Rounders at MC2	Hand ball at MC2
15.00 - 16.00	TableTennis at Poolbar	///	///	///	///	TableTennis at Poolbar	
15.00 - 16.00	Tennis instruction** (45 min) Meet at Tennis College	Golf** (45 min) Meet outside sportsbooking(SB)	Swim instruction**(30 min) Meet at Olympic pool	Tennis instruction** (45 min) Meet at Tennis College	Golf** (45 min) Meet outside sportsbooking(SB)	Swim instruction**(30 min) Meet at Olympic pool	Swim instruction**(30 min) Meet at Olympic pool
16.00-17.00				Zumba at MC2			
19.00-19.30	Kids Family Disco Plaza Rambla	Kids Family Disco Plaza Rambla	Kids Family Disco Plaza Rambla	Kids Family Disco Plaza Rambla	Kids Family Disco Plaza Rambla		Kids Family Disco Plaza Rambla

To join activities for the KSA, you have to sign up your child at Sports Booking before they start their first activity. Registration is free; your child receives a nametag which (s)he needs to bring every time

(s)he joins an activity. We sell a KSA package which includes a Hummel shirt and shorts, a bag and a lanyard (for the nametag) for 30 euros at Sports Booking.

As soon as your child is registered at Sports Booking and has his/her nametag, it can join all activities. ** For tennis, golf, swim instruction and the aquatlon you need to sign your child up at Sports Booking 1 day before the activity.

Please be aware that we are NO kindergarten; KSA is a fun place for kids to play together and learn some new sports. Parents can not leave Playitas complex while child is at the KSA; at least one person/parent need to be available for the child in any case. Kids can show up alone when they are allowed to go home on their own. If your child will be picked up, please come to the meeting point and let us know.

We are entitled to shorten the time when few kids are showing up. Please be 5 minutes before we start at the area where we will play; if your child is at another activity, we will make sure they get there.

** For tennis, golf, swim instruction and the aquatlon you need to sign your child up at Sports Booking one day before the activity.

*** Parents can bring a present to the sports booking (untill 18.00 on Saturday). This present santa Claus will give after the show. On the present needs to be written:

name of the child, age, nationality and which roomnumber. This is for children untill 12 years old. Only one present per child.

++ Due to unforeseen circumstances, the program is subject to change // Kids must bring water and suncream ++

++ Please be aware that all activities are your childs own risk ++

++ enjoy and make friends!! ++

